

# Tutorial\_Files

Sift's tutorials use real data sets wherever possible in order to demonstrate realistic scenarios and avoid overly simplistic examples.

## Contents

- [1 Load and View Data](#)
- [2 Clean your Data](#)
- [3 Perform Principal Component Analysis](#)
- [4 Export Results](#)
- [5 Treadmill Walking in Healthy Individuals](#)

## Load and View Data

This tutorial can be completed with any [CMZ](#) file. You can use a data set from a Visual3D Workshop at a recent ASB meeting. [V3D Workshop @ ASB](#)].

## Clean your Data

This tutorial uses overground walking data from four subjects. The subjects walked at three different speeds; slow, normal and fast. [Four Subjects Walking Data Set](#)].

## Perform Principal Component Analysis

This tutorial uses overground walking data from roughly 100 subjects divided into two conditions: normal control and osteoarthritis (moderate to severe). This data set can be found in the Demo folder of your Sift installation.

## Export Results

This tutorial uses the same overground walking data set as the [Clean your Data](#) tutorial. [Four Subjects Walking Data Set](#)].

It also uses predefined queries that have been saved in a .q3d file. [AnkleAngles.q3d](#)].

## Treadmill Walking in Healthy Individuals

This tutorial explores Fukuchi et al.'s “gold standard” public data set of marker-based motion capture to describe [healthy individuals walking overground and on a treadmill](#).

The dataset is available through Figshare: [Data Set](#)].

Supporting files are provided to simplify some of the tutorial's steps: [Supporting Files](#)].

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